



# “THE GWYNNE GAB”

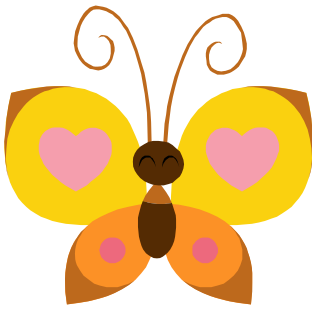
*“The Country School with a Big Heart!”*

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Principal: Karen Elgert

February 2010

Spring  
Collection  
Fundraiser  
Begins  
February 1,  
2010.



Wetaskiwin  
Regional  
Public  
Schools

## **From the Office**

It's hard to believe that we are already into February. Just a reminder once again to please make sure that your child is dressed properly for our changing weather conditions. Extra clothing, especially in the younger grades is always a good idea.

This month sees professional staff attending the North Central Teachers' Convention in Edmonton on February 4<sup>th</sup> and 5<sup>th</sup>. The theme of the conference this year is “Making a Difference.” This two day conference features a number of outstanding guest speakers as well as workshops that will provide educators with new ideas and opportunities.

Since February is the month of LOVE, we thought we would start off with these words:

*May your Valentines Day be filled with love, understanding, and contentment as you journey through life with those you hold dear.*  
-Daryl Henderson

Mrs. Elgert

## **Important Dates to Remember**

### **February**

Feb 01 – 16 – Spring Collection Fundraiser  
Feb 04 - 05 – NO SCHOOL (Teachers Convention)  
Feb 14 – Valentines Day 📧  
Feb 15 – NO SCHOOL (Family Day)  
Feb 22 – Parent Council Meeting  
Feb 22 - 26 – Scholastic Book Fair  
Feb 26 – PD ½ Day

### **March**

Mar 12 – Report Cards go home  
Mar 16 & 17 – Parent Teacher Interviews  
Mar 19 – NO SCHOOL (In Lieu of Parent Teacher Interviews)  
Mar 22 – NO SCHOOL (PD Day)

### **Lates and Absences**

**Please phone the school office by 9:00 a.m. when your child will be late or absent.**

### **Healthy Interactions**

From time to time an issue may arise concerning something in a class, which your child is in, or on the playground, or about the school in general. The established protocol is that you start your discussion with the classroom teacher. If the problem still persists then you would see the school principal, Mrs. Elgert. We have found that most problems are solved in step one. We use an approach called Healthy Interactions within our district to help us solve these problems.

### **Moving? New Phone #?**

Don't forget to call the school office and let us know of any new contact information as it comes up through the year.

### **After School Pick-up Reminder**

Please call the office or write a note to your child's teacher whenever there is a change to your child's regular after school arrangements. Students will be put on the bus unless officially notified.

### **Administration of Medication**

According to the WRPS Administrative Procedures Manual, school staff are not authorized to administer medication to students. In any case where your child needs to take medication during school hours, an Authorization of Administration of Medication form must be completed and returned to the school. The forms can be picked up at the school office or from your child's teacher as needed. (For more information on the administration of medication, see the WRPS Board Policy Handbook posted on the web

[http://www.wrps.ab.ca/do/AdminPro/Docs/AP300/300\\_Students.html](http://www.wrps.ab.ca/do/AdminPro/Docs/AP300/300_Students.html))

### **Campbell's Labels for Education:**

Gwynne School participates in the above program in which, we ask that you send the entire label from any Campbell's soup can, V8 Splash drink, or Goldfish crackers box (we just need the flap with the UPC), including the UPC with your child to school. In turn, we collect them and send them in for free books, educational supplies, computers, etc. We thank you in advance for your participation.

### **Inclement Weather**

Just a reminder that winter is going to be here any day. So please make sure your children are prepared for cold weather (hats, mitts, ski pants). In the case of inclement weather, schools may close. For information about school closures in our area, please listen to one of the following radio stations in the morning:

CKJR AM 1440 Wetaskiwin  
CFCW AM 790 Camrose

CBC AM 740 Edmonton  
CHED AM 630 Edmonton

#### Spotlight on Nutrition

Eat a VARIETY of foods.

To get all the nutrients you need to grow and be strong, enjoy different foods from each of the 4 food groups from *Canada's Food Guide*. To create a personalized food guide for yourself and family, go to

[www.healthcanada.gc.ca/foodguide](http://www.healthcanada.gc.ca/foodguide). Click on "Create My Food Guide"



### **Gwynne Parent Council Association**

Thank you to all who attended our January GSPA meeting. We had a really good turn out and we were able to make a decision on the allocation of some of our bingo proceeds. The GSPA is going to be contributing funds towards the purchase of new band equipment, smart boards and for early education. Our next parent council meeting will be held at 7:00 on February 22, 2010.

Our next hot lunch day will be Panago Pizza on Wednesday, February 24<sup>th</sup>. Thank you to JoAnne Mason, Carrie Leeb and Cory Rasmuson for coming to help out on our last Pizza Day.

Thanks,  
Cory & Heather Rasmuson

### **Gwynne Bake Sale**

Thank you to the Gwynne community for your tremendous support during the bake sale. With your help, the 6-7 class managed to raise \$900.50 to be sent to Haiti. This completely exceeded all expectations, and shows how strong of a community we have here at Gwynne. The money we raised will be sent to the Wetaskiwin Regional School Division, which is currently accepting donations to be given to an orphanage in Haiti.

Ms. McGee

### **Gwynne School Falcons Basketball Teams**

We have formed our junior high basketball teams at Gwynne School and they are both participating in the Leduc and District League.

Congratulations to both teams for putting in such a great effort.

The staff and students would like to say a big thank you to our coaches Mrs. Rogers, Mr. Hagstrom and Pastor Tom.

### **New; From the FSLW...**

Welcome to the winter months! As the excitement of the holidays becomes a distant memory we often are faced with the long days of winter which often are filled with the feelings of boredom, tiredness and restlessness in our children. When the temperatures are cold and we feel cooped up inside it is no wonder we end up feeling down. The winter blues describes the physical and emotional symptoms triggered from too little activity and sunshine. We can become irritable, lethargic and sad. The good news is that we can build an action plan to help everyone cope through these months.

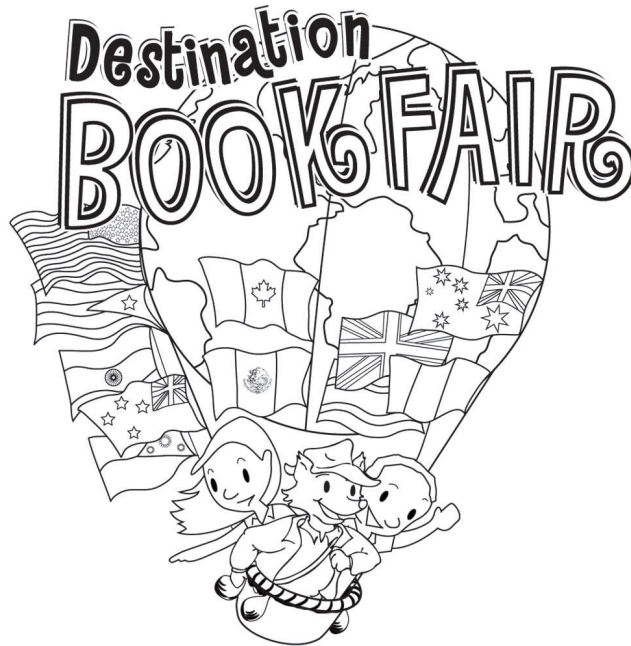
1. Get outside – Bundle up and do an activity that allows the sun shine on you. Go to the park or take a walk.
2. Get Involved – energize your family with new activities such as baking and beginning new art projects.
3. Get healthy – eat lots of vegetables and fruit, re-evaluate the family scheduling do you all have enough down time? Sleep?

These few little changes will give anyone a much needed energy boost and help any Albertan survive the winter months.

### **KSE News**

The KSE kids have been doing a wonderful job this year. We have 47 students in the club from Grades 4-9. To date, we have refunded 6,616 beverage containers putting us in 10th place in the ABCRC competition in our category of schools with 200 students or less. Each week we recycle 5-8 bags of paper/cardboard and 1-2 bags of plastic and tin. Thank-you very much to those who have donated beverage containers to the school. We appreciate your support.

Mary A. Lang



## **Scholastic's Canada Book Fair Coming Soon! February 22-26 during all recess breaks!**

### **Are you looking for a fun place to spend "Family Day"?**

The Rotary Club and Catholic Social Services Sign of Hope have joined together to offer to the Wetaskiwin and surrounding communities a fun filled day of activities for you and your family. These festivities will begin at 1:00pm on Monday, February 15, 2010 at "By the Lake Park", and will last until 3:00pm. A variety of activities have been planned for everyone including horse-drawn sleigh rides, ice skating, tobogganing, face painting and tours of a fire truck, ambulance and police car.

Please join us and enjoy all the activities. Refreshments of hot dogs, doughnuts and hot chocolate will be provided free of charge to those attending.

We are looking forward to meeting you at our Family Day Event.